

€100K IN 100 DAYS

FUNDRAISING IDEAS!

NOT SURE WHAT YOU WANT TO DO? Take a look below for some ideas

RUN/ WALK/ CYCLE

Whether you opt for a walk, run or cycle, these events are a good opportunity to ask for sponsorship, whatever your level of fitness. How does 100km in 100 days sound?

TABLE QUIZ

A good way to get everyone talking about a great cause is a quiz night. If your local pub hosts a regular quiz, ask the manager if they would be prepared to run one honour of your cause. This could work especially well if the pub you pick is dog friendly.

RAFFLE

Easy to run - you just need raffle-style tickets that people can draw from a bowl and plenty of generous prize donations, such as bags of sweets, bottles of wine or even money.

TGCBO

THE GREAT CARI BAKE OFF! People love a bake-off, so give them a chance to show off their skills and raise money for CARI at the same time. You could even add an element of competition and offer a prize for the best bake.

FASHION SHOW

The key to making this a success is letting people know that you're looking for clothing and accessories donations well in advance. That means they have plenty of time to sort through their stuff and give you anything they don't need any more.

ABSEIL

Whether you have ambitions to abseil down a building, landmark or rock face, there are plenty of resources online to help in your quest to abseil for us.

COME DINE WITH ME

Host your own Come Dine with Me event, charging your guests to taste your culinary delights. You could even inject a little competition and get friends and family to host their own as well, so you can score the evening and the cooking.

BIRTHDAY FUNDRAISER

If you have added your birthday to your Facebook profile, your friends will all be reminded of it on the day. Take advantage of this free publicity by fundraising for a cause on your birthday and requesting donations instead of gifts.

GAME-A-THON

Host a live-stream where you're sponsored to play and stream your favourite game. You'll be able to publicise and gather other participants from within the gaming community without leaving your favourite chair in the living room.

HOST A WORKSHOP

Lockdown prompted thousands of people to take up distanced or online learning. If you're an expert at something and can teach other people, take advantage of this trend and host an online workshop. You can sell tickets and get sign-ups on Eventbrite.

NO MATTER WHAT YOU CHOOSE TO DO FOR CARI, THE MOST IMPORTANT PART IS HAVE SOME FUN WHILST RAISING FUNDS TO HELP US REDUCE OUR 5 YEAR WAITING LIST

Please don't hesitate to email us at Fundraising@CARI.ie should you wish to find out more on how you can support CARI.

